## **Microbiome Information for: Carcinoma**

## For non-prescribing Medical professionals Review

The suggestions below are based on an Expert System (Artificial Intelligence) modelled after the MYCIN Expert System produced at Stanford University School of Medicine in 1972. The system uses over 1,800,000 facts with backward chaining to sources of information. The typical sources are studies published on the US National Library of Medicine.

Many recent studies has found that symptoms and symptom severity has strong associations to the microbiome for many conditions. Correcting the microbiome dysfunction is beleived to reduce the severity of symptoms. In some cases, this correction may cause symptoms to disappear.

These are a priori suggestions that are predicted to independently reduce microbiome dysfunction. Suggestions should only be done after a review by a medical professional factoring in patient's conditions, allergies and other issues.

## This report may be freely shared by a patient to their medical professionals

Best practise for making microbiome adjustments is to obtain the individuals microbiome. The following are the best microbiome to use with this expert system model. The suggestions below are intended as temporary suggestions until a test result in received.

In the USA

Ombre (https://www.ombrelab.com/)
Thorne (https://www.thorne.com/products/dp/gut-health-test)
Worldwide: BiomeSight (https://biomesight.com) - Discount Code 'MICRO'

## **Analysis Provided by Microbiome Prescription**

A Microbiome Analysis Company

892 Lake Samish Rd, Bellingham WA 98229 Email: Research@MicrobiomePrescription.com

**Our Facebook Discussion Page** 

## Bacteria being reported because of atypical values.

These bacteria were reported atypical in studies of Carcinoma

Nota Bena: Many studies are done with a small sample size or mixtures of condition subsets which can greatly diminish the ability to detect bacteria shifts.

Bacteria Name Rank Shift Taxonomy ID			Bacteria Name	Bacteria Name Rank Shift Taxonomy ID		
Anaerotruncus	genus <b>Low</b>	<i>24412</i> 7	Klebsiella	genus High	570	
Bilophila	genus <b>High</b>	35832	Mitsuokella	genus <b>High</b>	52225	
Coprobacillus	genus <b>High</b>	100883	Oscillibacter	genus <b>High</b>	459786	
Eggerthella	genus <b>High</b>	84111	Parvimonas	genus <b>High</b>	543311	
Escherichia	genus <b>High</b>	561	Porphyromonas	genus <b>High</b>	836	
Haemophilus	genus <b>High</b>	724	Prevotella	genus <b>High</b>	838	
			Streptococcus	genus <b>High</b>	1301	

## **Substance to Consider Adding or Taking**

These are the most significant substances that are likely to improve the microbiome dysfunction. Dosages are based on the dosages used in clinical studies. For more information see: https://microbiomeprescription.com/library/dosages. These are provided as examples only

Colors indicates the type of substance: i.e. probiotics and prebiotics, herbs and spices, etc. There is no further meaning to them.

arabinogalactan (prebiotic) 21 gram/day

**berberine** 15 gram/day Bile Acid Sequestrant

Bofutsushosan

cruciferous vegetables (broccoli cabbage)

dairy

emblica officinalis

fat

galacto-oligosaccharides (prebiotic) 10 gram/day

green-lipped mussel ku ding cha tea

lactobacillus gasseri (probiotics) 10 BCFU/day

lactulose

non-starch polysaccharides oligosaccharides (prebiotic)

pea (fiber, protein)

pectin Pulses

Pumpkin raffinose(sugar beet) red wine 250 ml/day

resistant starch Slippery Elm

smoking

symbioflor 2 e.coli probiotics

Vitamin C (ascorbic acid) 30 g/day

xylan (prebiotic)

#### **Retail Probiotics**

Over 260 retail probiotics were evaluted with the following deem beneficial with no known adverse risks.

symbiopharm / symbioflo 2
spain (es) / muvagyn probiotico
Bromatech (IT) / Lautoselle
Wakunaga / Kyo-Dophilus® Multi 9 Probiotic
philips / colon health
wakamoto (jp) / wakamoto pharmaceutical intestinal drug
Wakunaga / Daily Probiotic
Wakunaga / 50+
Bromatech (IT) / Serobiome
CustomProbiotics.com / L Gasseri Probiotic Powder
blackmore (au) / probiotics+ bowel support
SuperSmart / Lactobacillus Gasseri
Wakunaga / Pro+ Synbiotic

Note: Some of these are only available regionally – search the web for sources.

## **Substance to Consider Reducing or Eliminating**

These are the most signigicant substances have been identified as probably contributing to the microbiome dysfunction.

In some cases blood work may show low levels of some vitamins, etc. listed below. This may be due to *greedy* bacteria reported at a high level above. Viewing bacteria data on the Kyoto Encyclopedia of Genes and Genomes (https://www.kegg.jp/) may provide better insight on the course of action to take.

barley

cinnamon (oil. spice)

clostridium butyricum (probiotics), Miya, Miyarisan

coriander oil Curcumin

foeniculum vulgare,fennel garlic (allium sativum)

ginger

inulin (prebiotic)

lactobacillus casei (probiotics)
lactobacillus kefiri (NOT KEFIR)
lactobacillus paracasei (probiotics)
lactobacillus plantarum (probiotics)
lactobacillus reuteri (probiotics)
lactobacillus rhamnosus gg (probiotics)

lemongrass oil luteolin (flavonoid) mastic gum (prebiotic)

neem

olea europaea,olive leaf

oregano (origanum vulgare, oil) |

peppermint (spice, oil)

rosmarinus officinalis, rosemary

SOY

syzygum aromaticum (clove) thyme (thymol, thyme oil) trachyspermum ammi, Ajwain

triphala

Umeboshi (Japanese Apricot or Prunus mume )

wormwood(artemisia)

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Amyotrophic lateral sclerosis (ALS) Motor Neuron

Ankylosing spondylitis

Anorexia Nervosa

Antiphospholipid syndrome (APS)

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**Atherosclerosis** 

**Atrial fibrillation** 

**Autism** 

**Autoimmune Disease** 

Barrett esophagus cancer

benign prostatic hyperplasia

**Bipolar Disorder** 

**Brain Trauma** 

**Breast Cancer** 

Cancer (General)

Carcinoma

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Celiac Disease

**Cerebral Palsy** 

**Chronic Fatigue Syndrome** 

**Chronic Kidney Disease** 

Chronic Lyme

Chronic Obstructive Pulmonary Disease (COPD)

Chronic Urticaria (Hives)

Coagulation / Micro clot triggering bacteria

**Colorectal Cancer** 

Constipation

Coronary artery disease

COVID-19

Crohn's Disease

cystic fibrosis

deep vein thrombosis

Depression

Dermatomyositis

**Eczema** 

**Endometriosis** 

**Eosinophilic Esophagitis** 

**Epilepsy** 

erectile dysfunction

Fibromyalgia

Functional constipation / chronic idiopathic constipation

gallstone disease (gsd)

Gastroesophageal reflux disease (Gerd) including Barrett's esophagus

Generalized anxiety disorder

giant cell arteritis

Glioblastoma

Gout

Graves' disease

**Halitosis** 

Hashimoto's thyroiditis

**Heart Failure** 

Hemorrhoidal disease, Hemorrhoids, Piles

**Hidradenitis Suppurativa** 

Histamine Issues

hypercholesterolemia (High Cholesterol)

hyperglycemia

Hyperlipidemia (High Blood Fats)

hypersomnia

hypertension (High Blood Pressure

Hypothyroidism

Hypoxia

IgA nephropathy (IgAN)

Inflammatory Bowel Disease

Insomnia

Intelligence

Intracranial aneurysms

Irritable Bowel Syndrome

Juvenile idiopathic arthritis

**Liver Cirrhosis** 

Long COVID

Low bone mineral density

**Lung Cancer** 

Mast Cell Issues / mastitis

ME/CFS with IBS

ME/CFS without IBS

membranous nephropathy

Menopause

Metabolic Syndrome

**Mood Disorders** 

multiple chemical sensitivity [MCS]

Multiple Sclerosis

Multiple system atrophy (MSA)

myasthenia gravis

neuropathic pain

Neuropathy (all types)

neuropsychiatric disorders (PANDAS, PANS)

Nonalcoholic Fatty Liver Disease (nafld) Nonalcoholic

NonCeliac Gluten Sensitivity

Obesity

obsessive-compulsive disorder

Osteoarthritis

Osteoporosis

pancreatic cancer

Parkinson's Disease

Polycystic ovary syndrome

Postural orthostatic tachycardia syndrome

Premenstrual dysphoric disorder

primary biliary cholangitis

**Psoriasis** 

rheumatoid arthritis (RA), Spondyloarthritis (SpA)

Rosacea

Schizophrenia

scoliosis

sensorineural hearing loss

Sjögren syndrome

Sleep Apnea

Small Intestinal Bacterial Overgrowth (SIBO)

Stress / posttraumatic stress disorder

Systemic Lupus Erythematosus

**Tic Disorder** 

Tourette syndrome

Type 1 Diabetes

Type 2 Diabetes

Ulcerative colitis

**Unhealthy Ageing**